**COVID-19 is a new illness that affects your lungs and airways. It's caused by a virus called coronavirus.**

From March 7th, everyone returning home to the Czech Republic from Italy has to stay at home for two weeks in quarantine. If they don’t, they will pay a fine of up to 3 million Czech crowns.

**Symptoms of coronavirus**

The symptoms of coronavirus are:

* a cough
* a high temperature
* difficulty breathing

But you have these symptoms when you have a cold and flu, too.

**How is coronavirus spread?**

It started in Wuhan, China, at the end of December, 2019. Because it's a new illness, we do not know exactly how coronavirus spreads from person to person. Similar viruses are spread when people cough. It's not spread through things like packages or food.

**Can I go to concerts and football matches?**

Most people can go to work, school and other public places. You only need to stay away from public places if the government or a doctor tells you to.

**What's the risk of coronavirus for travellers?**

There are some countries and areas where there's a higher chance of coming into contact with someone with coronavirus.

**What can I do to stop catching or spreading coronavirus?**

**Do**

* Wash your hands with soap and water often – do this for at least 20 seconds.
* Always wash your hands when you get home or into work/ school.
* Use hand sanitiser gel if there’s no soap and water.
* Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze.
* Put used tissues in the bin and wash your hands afterwards.
* Stay away from people who are unwell.
* If you feel unwell, call the doctor and stay at home.

**Don't**

* Do not touch your eyes, nose or mouth if your hands are not clean.
* Do not wear face masks unless you are unwell.
* Do not panic! Stress makes you weaker.

1. Write out the words:

kəˈrəʊnəvaɪrəs \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

kɒf \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

ˈkwɒrəntiːn \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

ˈbriːðɪŋ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

sniːz \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

dʒel \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Fill in the missing verbs in the correct form: *come, wear, stay away, stay, cough, sneeze, wash, cover*
2. The coronavirus \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ from China.
3. It’s good to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ from ill people.
4. People returning from Italy have to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in quarantine for 2 weeks.
5. Ill people should \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ facial masks.
6. When ill people \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, the virus spreads.
7. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ your mouth and nose when you cough and sneeze.
8. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ your hands for twenty seconds.
9. Answer the questions.
10. Where does coronavirus come from?

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1. How does it spread?

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1. What are the symptoms of COVID-19?

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1. What can you do to stop catching it?

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1. What do we have to do if we return from Italy?

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